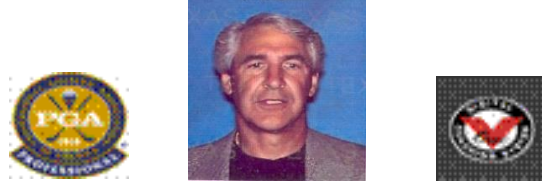


## Newsletter for November 26th., 2024



### Bob Marlow - PGA Golf Professional

#### ***“ What I Have Learned by Studying Tiger Woods Game ”***

I can help you accomplish these feelings, in person or remotely with V1 Plus Software.

My website for additional information and lesson rates is <http://bobmarlowpga.com/instruction>

#### **Connect your brain to the feel and image of your feet, legs, torso, arms and hands.**

**At Address:** He has a relatively wide stance for a good foundation relative to the club he is hitting, I feel most golfers have too narrow a stance, I did. He angles his feet out 30 degrees and 5 degrees, respectively left to right foot, which increases by about 10 degrees, in his right foot as the clubs gets longer, long iron and woods. He sticks his butt back away from the target line and then just before the takeaway, he shifts his weight a little more forward towards the target line, so it favors the balls of his feet. **If you try to get somewhat bow legged you will feel every inch of the bottoms of both feet are in contact with the ground. This produces great stability and flexibility so you can then rotate your right hip in your takeaway and your body and head will tend to stay centered, as it should, verses swaying off the ball with your upper body and legs.**

**Takeaway:** He triggers his backswing with a **very slight forward press** of his hands towards the target in the distance and then, rotates his right hip with his leg muscles, as he swings the club away with the arms and hands, in a one-piece motion with zero manipulation with hands, wrists or arms. The club head stays outside the hands as the hands move inside, from a down-line-view (DLV). You can see the back of his left elbow points down towards the ground in his take-away and backswing, and at a point where the club shaft is first parallel to the ground and target line, he has allowed his wrists to hinge and cock slightly, maybe 15 degrees of wrists cock and 5 degrees of wrist hinge. The inside of his right elbow points towards the target line which also makes his right arm, stay above his left arm longer. This also helps the right arm to stay straight longer and this will also make it easier to create width.

**Rest of the Backswing:** Next he pronates the left arm, (rotates it to the right), rounds it off... which make the wrists cock about **only 20 to 25 degrees and hinge 15 degrees, flattening the back of the left hand and hinging the right wrists back as the club shaft gets into a somewhat laid off position at the top of the backswing.** His upper body rotates even more, so it appears as if the shoulders rotate between 90 to 120 comfortably, due to the previous hip rotation.

**Coming Down and Forward:** This is big...He next moves his upper body with his legs and hips, a lot laterally 10 to 14 inches, as well as down, (the power squat), and at the same time swings the club down with his arms and hands, (shallows the club shaft and head).

**Through much research,** I have learned how TW executes various pitch shots around the green and how he adapts to varying green speed conditions by varying his putting stroke as Jack Nicklaus did. You need various motions to develop touch and feel which gets into being creative with your mind and hands.