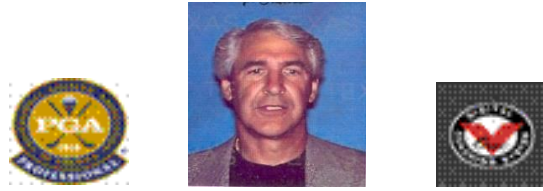


Newsletter for February 16th, 2025



Bob Marlow - PGA Golf Professional

“ The Importance of a Proper Grip ”

I can help you accomplish these feelings, in person or remotely with V1 Plus Software.

My website for additional information and lesson rates is <http://bobmarlowpga.com/instruction>

Your grip or placement of the club in your hands is your only connection to the club, We've all heard that before, but could it really be that important? You had better believe it.

So, what makes a perfect grip, how do I acquire it, and what does it do for me in my golf swing, pitching, chipping and putting?

Let's tackle what it does for you first. **The ability to develop Feel for every shot in golf!**

What makes for a perfect grip? Well would you believe you need different grips for various shots in golf. Tiger Woods and many of today's PGA tour players use an interlocking grip and also the Vardon or overlapping grip, a few may even use a baseball or 10 fingered grip. There are also grip variations for putting, pitching, and chipping like the reverse overlapping grip, claw grip, left hand low, and more; anything to improve feel.

There is not a shot in golf where there isn't some wrist movement to gain feel!

The full Swing: Extremely important to produce wrist flexibility for feel and speed by gripping the club in both hands, not too high or too low in the palms and with both palms angled to the right about 30 degrees. There is no way I can describe in words here, all you need to know about this grip. So, I suggest you purchase the book; Tiger Woods, How I Play Golf, you can find it online for \$5 to \$20 plus shipping.

Practice your gripping process every day for 5 minutes twice a day in front of a mirror and then, if you feel ready, call me and set up an hour lesson with me in person or through V1 software \$100 for adults and \$75 for 17 and under, V1 is free at [V1 golf.com](http://V1golf.com) Marlow's Golf School is my instructor's name. My Cell is 214-882-3298