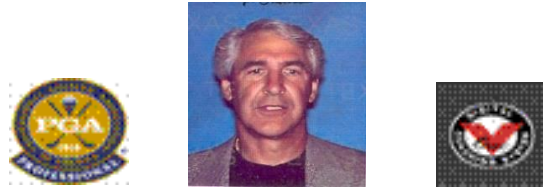


Newsletter for March 28th, 2025



Bob Marlow - PGA Golf Professional

“ The Importance of a Proper Grip - Continued”

I can help you accomplish these feelings, in person or remotely with V1 Plus Software.

My website for additional information and lesson rates is <http://bobmarlowpga.com/instruction>

Your grip or placement of the club in your hands is your only connection to the club, We've all heard that before, but could it really be that important? You better believe it. Let's tackle what it does for you first. **The ability to develop Feel for every shot in golf!**

New: We heard years ago; you should be able to support your club with your left hand and arm only with the club's grip resting **under the heel of the left hand** and resting across the **left forefinger, Hogan I believe. Well, through my research I found an article which says you should be able to support the club under the heel of the left hand and held by the left ring and middle finger only. If you take your grip with both hands and squeeze the little finger of your left hand, it closes the club face by about 45 degrees. No wonder good golfers tend to duck hook and then block the release and push it, my problem for years.** All this should be done standing erect with the club comfortably extended away from your body while forming about a 45 - degree angle between your arms and the club shaft, club head above your hands and club face square (vertical like this |).

New Also: In order to snap the club head through the ball; separate your right thumb and forefinger from the rest of your right hand (the trigger).

There is not a shot in golf where there isn't some wrist movement to gain feel!

The full Swing: Extremely important to produce wrist flexibility for feel and speed by gripping the club in both hands, more into the fingers in the left and palm in the right and both palms angled to the right about 30 degrees. There is no way I can describe in words here, all you need to know about the grip. So, I suggest you purchase Tiger Wood's Book, How I Play Golf, you can find it online for \$5 to \$20 plus shipping.

Practice your gripping process every day for 5 minutes twice a day in front of a mirror and then, if you feel ready, call me and set up an hour lesson with me in person or through V1 software \$100 for adults and \$75 for 17 and under, V1 is free at V1 golf.com Marlow's Golf School is my instructor's name. My Cell is 214-882-3298